



BYE BYE TABAC Price per person in single occupance: for a stay 4 days / 3 nights.

SERVICES INCLUDED IN OUR "BYE BYE TOBACCO"

- Accommodation in a superior room with a view of the old town of Vevey

4 DAYS - 3 NIGHTS

- Full board with specific detox menus and drinks served at the 3C restaurant or in your room.
 Unlimited access to the facilities of the Puressens Spa, with its swimming pool, sauna, hammam, jacuzzi and a fitness room
- -10% discount on all additional treatments

SERVICES INCLUDED IN OUR "BYE BYE TOBACCO"

- An initial and final consultation with your program coordinator
- A general fitness and respiratory capacity assessment with our fitness trainer
- A bio impedance meter to determine your body composition in terms of muscle tissue, fat and water

TREATMENTS INCLUDED IN OUR "BYE BYE TOBACCO"

We will be happy to send you a detailed schedule of treatments at the time of yourupon your arrival. One or two treatments per day during your stay according to the list below:

- Two sessions of hypnosis | 90 minutes
- An aromatherapy massage | 80 minutes
- A detox massage | 50 minutes
- One yoga session | 50 minutes
- One session of personal training | 50 minutes
- A radiance boosting treatment | 50 minutes
- A scrub with natural seeds | 30 minutes
- A detoxifying wrap | 30 minutes
- One meditation session | 50 minutes

Executive with partial lake view and balcony + 50.per night

Deluxe lake view and balcony + 95.- per night Junior Suite lake and balcony + 150.- per night Tourist tax of + 6,5.- per person and per day





Price per person in single occupancy for a stay
6 days / 5 nights.

BYE BYE TABAC 5 DAYS - 4 NIGHTS

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